

## ASNR Supports Members Attending the TIGRR Workshop in 2025

Grant writing is an important skill for neurorehabilitation researchers, but how can early-career investigators improve their skills to write better grants? The NIH-funded [Training in Grantsmanship for Rehabilitation Research \(TIGRR\) Workshop](#) was created to provide targeted training and mentoring in grant writing to early-career investigators in rehabilitation research. Over time, the TIGRR program has been refined and has grown into a yearlong program that focuses not only on obtaining research funding, but also on managing grants, overseeing lab personnel, and reviewing and critiquing grant proposals.



ASNR has provided funds to many Members selected for the TIGRR Workshop to support their travel and attendance, and we were pleased to provide \$1,000 grants to three more Members to participate in the recent Workshop in 2025.

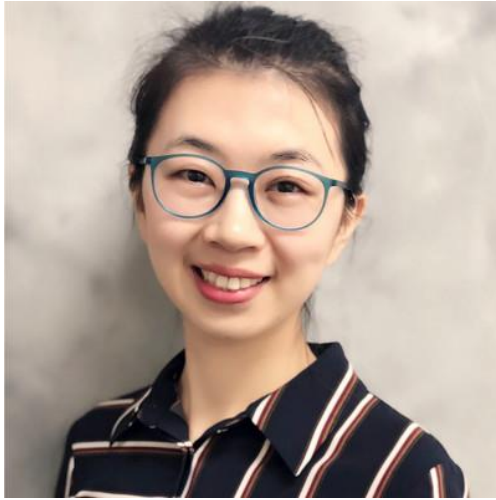
During the Workshop, participants attend lectures and undergo individual one-on-one consultations on topics including grant writing, clinical trial design, biostatistics, informatics, collaboration, grantsmanship, budgeting, and career development. Their training will continue after the Workshop concludes through further mentoring and peer review as they prepare grant submissions and resubmissions. The TIGRR Workshops are helping advance rehabilitation research by developing well-trained investigators who will go on to conduct rigorous research across diverse areas in the field.

The 2025 TIGRR Workshop was held January 6-10th at The Wild Dunes Resort in Charleston, SC. ASNR Members Dr. Andrew Hooyman, Dr. Jia Liu, and Dr. Kimberly Waddell were selected to receive this year's ASNR TIGRR Program Grant Support Awards, and they recently returned from attending the Workshop. Each of them shared their perspectives and highlights from the event below.



### Dr. Andrew Hooyman

*"What I loved about TIGRR was the fully immersive experience into the grant writing process. I really enjoyed learning about the grant reviewer's perspective (of which there are many), and how to craft an aims page targeted toward those viewpoints. ASNR's support in my attendance of TIGRR allowed me to fully engage in all that it had to offer, and for that I am sincerely thankful."*



Dr. Jia Liu

*“TIGRR was a transformative experience. The focused, one-on-one discussions were incredibly helpful in refining my grant application and enhancing my grantsmanship. The opportunity to connect with established researchers across a diverse range of fields—each fully invested in our growth—was invaluable. These relationships and insights will be crucial as I continue to advance my career and strive to become a significant contributor to the field of neurorehabilitation. I sincerely thank ASNR for their support in covering some of the workshop and travel-related expenses.”*



Dr. Kimberly Waddell

*“What I enjoyed about TIGRR was the intensive, hands-on training in grant writing. The workshop provided hours of opportunity to meet 1:1 with senior rehabilitation researchers to discuss my specific aims and approach, as well as strategies for success in academia. I found the mentoring, both in groups and 1:1, to be exceptionally helpful and rewarding. The lectures covered a range of valuable topics such as identifying funding mechanisms, the study section process, writing a competitive grant, and managing reviewer feedback. I walked away from every lecture having learned something new and valuable that I could immediately apply to my own work. I appreciate ASNR’s support for this workshop.”*